

KEISER STRENGTH



INFINITY SERIES

PERFORMANCE TRAINER

**NOT JUST BETTER MACHINES,
BETTER SCIENCE**

Keiser is always challenging the status quo of fitness science by exercising the most powerful muscle: the brain. While competition starts and ends within the limits of a machine, Keiser starts with the potential of the human body and develops smarter technology to unknow the limits of speed, efficiency and safety.

KEISER®
BECAUSE...
**'GOOD
ENOUGH'
ISN'T.™**

FUNCTIONAL TRAINING

What's the key to Keiser's success with groups like firefighters, NASA, professional athletes and the military? It's an approach built on functional training, which lets them train at the speed they perform their jobs in the real world. True functional training requires training at speed - something you can ONLY do with our machines, as Keiser pneumatic resistance isn't slowed down by gravity.

INFINITY SERIES

PERFORMANCE TRAINER

THE PERFORMANCE TRAINER IS A SINGLE COLUMN, HIGH-LOW PULLEY SYSTEM

It incorporates all the benefits of the Infinity Series. It is designed to be wall mounted or can be used as multiple units in our Infinity Series Six Pack configuration.

Many gyms mount the Performance Trainer units on walls and configure them into individual stations within cable training zones.

KEISER PNEUMATIC RESISTANCE SYSTEM

With Keiser Pneumatic Technology, the muscles remain active and engaged throughout the entire range of motion and velocities, with reduced shock loading to muscles, connective tissues and joints, which allows for workout regimens that can safely improve physical performance in ways not seen with traditional strength training methods.

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WWW.KEISER.COM



FEATURES

- Complete control of resistance levels
- Smooth pneumatic resistance to reduce shock loading to connective tissues and joints
- Takes up less space and time with a small footprint and multi-user pieces that allow group training
- Unlimited possibilities for training - any load, any speed, any plane
- Versatility that allows you to customize your workout
- ADA compliant - Section 44 Disabled Access Tax Credit

SPECIFICATIONS

HEIGHT
87" / 221 cm

WIDTH
24" / 61 cm

LENGTH
12" / 30 cm

WEIGHT
120 lbs / 54 kg

RESISTANCE RANGE
0 - 80 lbs / 0 - 36 kg

CABLE LENGTH
108" / 274 cm

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SPORTS & FITNESS
C O M P A N Y